DESCRIPTIONS

iBesDina Clinically studied blend of Ashwagandha root powder and root extract. Supports the body's natural response to emotional, mental, and physical stress. Supports stress relief by supporting the adrenal glands for normal cortisol levels.

BENEFITS

- Releases stress & boosts energy
- Revitalizes adrenal function

DIRECTIONS

Adult only. Take 1 tablet daily with food, or as directed by your healthcare professional.

WARNINGS

If symptoms persist consult your healthcare professional. Do not use if cap and/or seal is broken.

STORAGE

Store below 30°C in a dry place away from heat and direct sunlight.