

EACH TABLET CONTAINS

Organic ashwagandha powder (root) 380 mg
(0.2% Withanolides, 0.76 mg)

Organic ashwagandha (root) 280 mg
(0.5% Withanolides, 1.4 mg)

Organic ashwagandha supercritical 10 mg
CO₂, extract (root) *Withania somnifera*)
(8% Withanolides, 0.8 mg)