#### DESCRIPTIONS

iBesDina heart health is designed to support cardiovascular health and assist with related problems such as congestive heart failure and systolic hypertension. The key ingredient Coenzyme Q10 (ubidecarenone) is used to increase cardiac input and help prevent other cardiovascular diseases.

# **BENEFITS**

- Increase antioxidants in the body
- Help prevent cardiovascular diseases
- Support cognitive functions

#### DIRECTIONS

Adult only. Take 1 capsule daily with food, or as directed by your healthcare professional.

## WARNINGS

If symptoms persist consult your healthcare professional. Do not use if cap and/or seal is broken.

Do not take while on warfarin therapy without medical advice.

### **STORAGE**

Store below 25°C in a dry place away from heat and direct sunlight.