

DESCRIPTIONS

iBesDina's Methyl B-12 5000 MCG provides the superior form of Vitamin B-12. By using Methylcobalamin, iBesDina's formula utilizes the most biologically active form of B-12 for quick absorption. Delivered in a fast-acting tasty cherry tablet, our Methyl B-12 supports healthy energy levels, brain cell health and nervous system function.

BENEFITS

- ✔ Supports brain cells and nervous system health
- ✔ Promotes energy and stamina

DIRECTIONS

Adult only. Take 1 tablet daily with food, or as directed by your healthcare professional.

WARNINGS

If symptoms persist consult your healthcare professional. Do not use if cap and/or seal is broken.

STORAGE

Store below 30°C in a dry place away from heat and direct sunlight.